

## Stay & Play **Impact Report**



Parent Carers expressed the need for more local, accessible 'stay and play' opportunities in school holidays. These sessions can help connect families facing similar challenges in a relaxed, nonjudgemental space.

We have therefore offered some 'stay and play' opportunities for families to attend at our resource hub with a range of activities available for the child/young person to try.

"Can I just thank you for the most relaxed morning I've had in a long time! This event was fantastic and we got to meet some wonderful parents and their children. My eldest boy didn't want to leave!"

## **KEY FACTS**



**Number Of Attendees** 

186 (141 Children • 45 Parent Carers) (76 summer • 44 Oct HT • 66 Christmas)



**Types of Sessions** 

8 Summer • 2 October HT • 2 Christmas

"Thanks, to you and the team for putting on yet another wonderful stay and play. I honestly don't think there is anything more you could do. There were so many wonderful activities to do. We loved it, thank you."

"My 3 loved the session and all the activities on offer, and I loved having the adult interaction. So it was just as important for me to be able to access the sessions as it was for the kids. I hope they become a regular thing."

The 'stay and play' sessions provide parent carers an opportunity to talk with NSPCWT peer support team and other parents helping to reduce feelings of isolation and anxiety.

We are providing opportunities for the children/young people to experience traditional holiday activities such as Halloween parties, Christmas grottos etc in a safe and calm environment. These are experiences that they would otherwise miss out on as these activities in a mainstream setting can be very overwhelming for children with additional needs and/or disabilities.

"I loved the stay and play session we attended. My son was very anxious to start with, Once that initial anxiety passed he loved it. There was so much to do. The team are amazing, really friendly, easy to talk to and nothing is too much trouble."

"How calm and relaxed I was able to be! I've not felt so rested in ages!"

