



ASD Workshops Impact Report

April 2022 - March 2023

Facilitated by NSPCWT
(Full BNSSG reporting available upon request)

North Somerset and South Gloucestershire Parent Carer Forums are working together to deliver free workshops across BNSSG for parents who have a child on the waiting list for an autism diagnosis.

Our workshops are delivered by a SEND professional and an experienced SEND parent carer to provide information, support and practical guidance to help increase knowledge and decrease parent carer anxieties. Connecting parents on similar journeys and increasing their confidence to support their child's needs.

Average Parent Carer Rating

0 = low | 5 = high/good



Before Training

3

Happiness prior to completing the training

After Training

4.2

Happiness following the training

2.7

Loneliness prior to completing the training

4.1

Feeling more connected following training

0 = high | 5 = low



3

Anxiety prior to completing the training

2.1

Anxiety following the training

KEY FACTS



Number Of Attendees

542 (191 South Glos • 207 Bristol
144 North Somerset)



Locations

14 Online • 18 In-person
(10 North Somerset • 8 Bristol)

“Thank you. I have found this session very useful, informative and supportive. I do feel isolated as a parent and worry for my daughter's social interactions and support. However, this has been really helpful.”

"This has been really insightful and I feel really empowered with making changes to the way that I support my son - Thank you so much!"

Topics Covered:

- Introduction to Understanding and Supporting Communication
- Introduction to Understanding and Managing Anxiety
- Introduction to Understanding and Supporting Sensory Differences
- Introduction to Understanding and Supporting Behaviour
- Introduction to Autism 0-7 Years
- Introduction to Autism 8-18 Years
- Autism in Girls
- Autism and Eating Disorders
- Autism: Puberty and Gender
- Demand Avoidance

"Thank you, you guys are angels for organising these sessions, I'd be lost without NSPCWT! Thank you."

